

Los Cabos, Mexico at Prana Del Mar Jan 18-25, 2025

Yoga and Sunshine

Soak up the sunshine with some much needed beach time. Practice daily yoga and dive into wellness and self-discovery to promote healing!

Fun Activities

- Horseback riding, whale watching, kayaking & snorkeling, hiking, surfing, swimming
- Sunsets and star gazing
- Salt water swimming pool, hot tub, and sauna
- Meditation labyrinth, desert gardens, hammocks, and more
- In town trips for shopping and exploring

Spa and Relaxation

Enjoy time to unwind at your own pace. Indulge in a spa service, relax by the pool or read on the beach.



www.dirtyfeetyoga.com/retreats

Retreat Package Pricing

Double Occupancy

Early Bird Pricing before Oct. 15
\$2000 per person

Standard Pricing
\$2500 per person

Single Occupancy

Early Bird Pricing before Oct. 15
\$2500 per person

Standard Pricing
\$2900 per person

No refunds for cancellations within 30 days of travel. Travel Insurance recommended.



Inclusions:

- Seven nights deluxe accommodations at the beautiful Prana Del Mar
- Three delicious meals and snacks each day with water, teas and juices
- Full use of all resort amenities – including the salt water swimming pool, hot tub, sauna, meditation labyrinth, desert gardens, hammocks, and more.
- Airport transfers from Los Cabos International (SJD) to Prana Del Mar and back on January 18th and 25th
- 2 yoga classes daily with Kimberly Manthey, Owner of Dirty Feet Yoga
- All sales and hotel taxes

Exclusions

- Airfare to Los Cabos
- Airport transfer on alternative dates
- Optional massages or spa services
- Alcoholic beverages
- Personal purchases or souvenirs
- Travel insurance (highly recommended)
- Gratuities



Register today!

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